

# Hemsby Primary School

## Summer Term Menu 2023

| Day              | <b>WEEK ONE</b><br>W/C 17/4, 8/5, 5/6, 26/6 & 17/7  | <b>WEEK TWO</b><br>W/C 24/4, 15/5, 12/6 & 3/7  | <b>WEEK THREE</b><br>W/C 1/5, 22/5, 19/6 & 10/7  | Packed Lunch   | Jacket Potato      |
|------------------|---|--|--|--|--------------------|
| <b>Monday</b>    | Cheese & Tomato Pizza with waffles and spaghetti hoops<br><br>Apple crumble & ice cream                                       | Macaroni Cheese with garlic bread & sweetcorn<br><br>Frozen strawberry yogurt or ice cream tub                         | Chicken Curry Or Quorn Curry with rice, sweetcorn & naan bread<br><br>Krackolet                      | Cheese French stick, cucumber slices, rice krispie bar & a box of raisins                | Cheese             |
| <b>Tuesday</b>   | Roast Turkey Or Puff Pastry Cheese Triangle with Roast potatoes, carrots, broccoli & gravy<br><br>Chocolate oatcake           | Chicken Chunks Or Quorn Nuggets with steamed rice, sweet & sour sauce and vegetable stir fry<br><br>Raspberry flapjack | Cottage Pie Or Cheese Flan With wedges & mixed vegetables<br><br>Chocolate brownie & strawberries    | Crackers and a Dairylea cheese triangle, carrot sticks, chocolate oatcake & apple slices | Tuna & Salad Cream |
| <b>Wednesday</b> | Chicken Fajitas Or Quorn Fajitas with rice, cooked peppers & sweetcorn<br><br>Chocolate sponge pudding with chocolate custard | Meatballs Or Quorn Meatballs in a tomato sauce with pasta, sweetcorn & garlic bread<br><br>Meringue with cream & fruit | Cheese & Tomato pasta with sweetcorn & wholemeal bread<br><br>Syrup sponge pudding & custard         | Sausage wrap, bread sticks, cherry tomatoes, shortbread & melon cubes                    | Cheese & Beans     |
| <b>Thursday</b>  | Breakfast Sausage Or Vegetarian Sausage with scrambled egg, hash brown & beans<br><br>Iced sponge cake                        | Sausage Or vegetarian sausage with a Yorkshire pudding, mash, peas, carrots & gravy<br><br>Jelly & ice cream           | Bolognese Or Quorn Bolognese with pasta, garlic bread & sweetcorn<br><br>Toffee tart                 | Cheese and tomato pasta pots, nutri-grain cereal bag, an iced sponge cake & grapes       | Ham & Coleslaw     |
| <b>Friday</b>    | Chicken Nuggets Or Quorn Nuggets with chips & spaghetti hoops<br><br>Rice krispie Bar   | Fish Fingers Or Veggie Fingers with chips & beans<br><br>Shortbread biscuit  | Chicken nuggets Or Puff Pastry Cheese wheel with chips, peas & salad<br><br>Strawberry Angel Delight | Ham sandwich, cucumber sticks, chocolate crunch biscuit & a piece of fruit               | Cheese & Beans     |

**N.B. Please note that these menus are subject to change due to availability.**